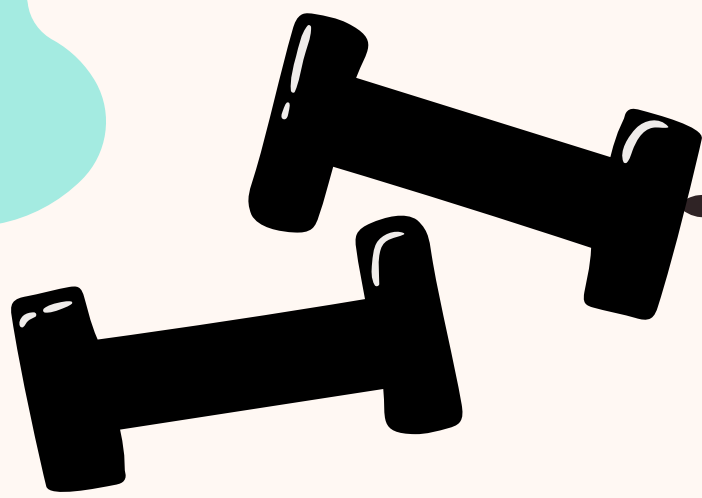




ABONO DEPORTE

Septiembre



LUNES

9.30-10.30 AEROTONO
18.00-19.00 ESTIRAMIENTOS
19.15-20.15 TRX TRAINING
20.00-21.00 SPINNING
20.15-21.15 ZUMBA

JUEVES

18.00-19.00 INSANITY
19.15-20.15 BOX TRAINING
20.00-21.00 BODYFIT
20.00-21.00 SPINNING

MARTES

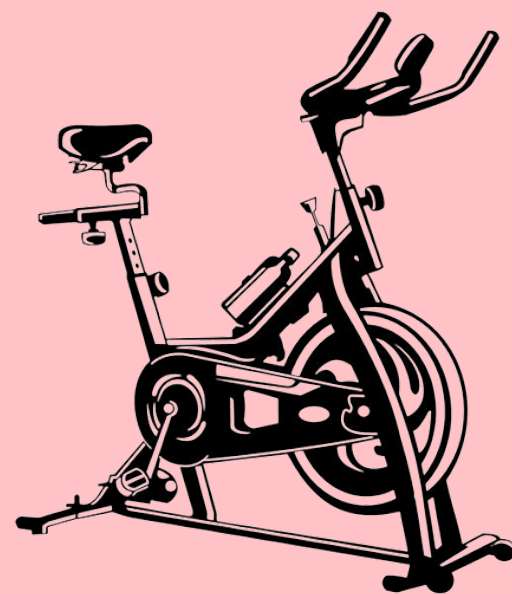
10.30-11.30 SPINNING
18.00-19.00 STEP
19.15-20.15 CROSS TRAINING
20.00-21.00 SPINNING
20.15-21.15 BODYFIT

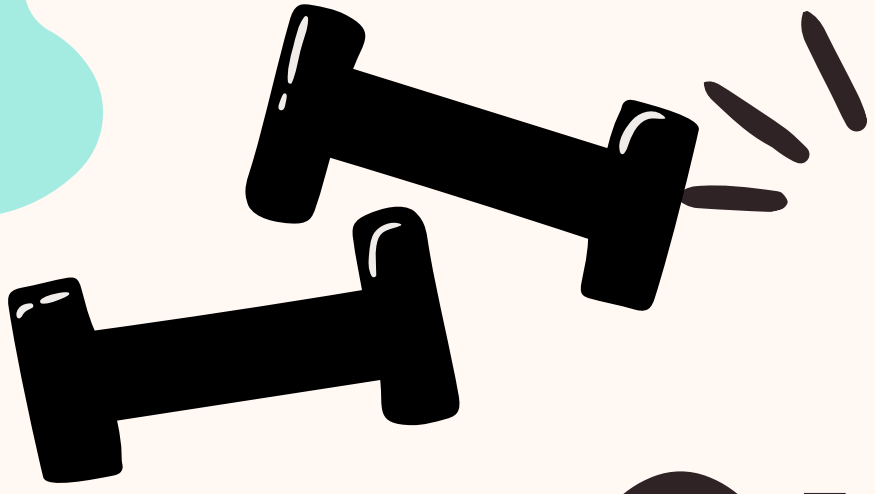
VIERNES

10.30-11.30 SPINNING

MIÉRCOLES

9.30-10.30 AEROTONO
18.00-19.00 MARCHA NORDICA
19.15-20.15 TONO TRAINING
20.00-21.00 SPINNING
20.15-21.15 ZUMBA





KIROL ABONAMENDUA 3



Iraila



ASTELEHENA

9.30-10.30 AEROTONOA
18.00-19.00 LUZAKETAK
19.15-20.15 TRX TRAINING
20.00-21.00 SPINNING
20.15-21.15 ZUMBA

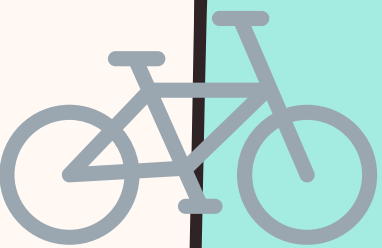


OSTEGUNA

18.00-19.00 INSANITY
19.15-20.15 BOX TRAINING
20.00-21.00 BODYFIT
20.00-21.00 SPINNING



ASTEARTEA



10.30-11.30 SPINNING
18.00-19.00 STEP
19.15-20.15 CROSS TRAINING
20.00-21.00 SPINNING
20.15-21.15 BODYFIT



OSTIRALA

10.30-11.30 SPINNING



ASTEAZKENA

9.30-10.30 AEROTONOA
18.00-19.00 IPAR MARTXA
19.15-20.15 TONO TRAINING
20.00-21.00 SPINNING
20.15-21.15 ZUMBA

